

One simple procedure...
Two amazing results



- No more urine leaks
- Improved intimacy
- A more youthful you

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Non-Invasive Laser
Treatment for
Stress Urinary Incontinence
and
Vaginal Relaxation Syndrome

Stress Urinary Incontinence (SUI)

What is stress urinary incontinence?

Stress urinary incontinence (SUI) is a common problem in women that causes the involuntary loss of urine during coughing, sneezing, laughing, or physical exertion such as running or climbing stairs.

What are the causes of SUI?

The cause for this involuntary loss of urine is the weakening of the urethral closure mechanism, which is the result of reduced muscular tone in the pelvic floor region. The main contributing factors are vaginal child birth, obesity and aging.

What are the traditional treatment options?

Until now SUI was treated non-invasively through muscular training, known as Kegel exercises, which are only marginally effective since they rely on daily compliance. SUI is also treated invasively with a surgical implant known as a Urethral Sling. This procedure requires hospitalization, recovery time and could potentially cause serious complications.

Vaginal Relaxation Syndrome

What is vaginal relaxation syndrome?

Vaginal relaxation syndrome is defined as the increase in the inner diameter of the vaginal wall. It can result in loss of friction and of sexual satisfaction for both a woman and her partner.

What are the causes of vaginal relaxation?

The most common cause of vaginal relaxation is the overstretching of the vaginal wall during childbirth, which can increase with the number of births. Other causes are congenital connective tissue weakness and natural aging.

What are the treatment options?

Until now, effective results could only be achieved through invasive surgical treatments such as anterior and posterior vaginal plastic surgery. There are many post-operative complications associated with these procedures and a high degree of dissatisfaction with the results.

New Treatments for SUI and Vaginal Relaxation Syndrome

IncontiLase & IntimaLase are new non-surgical laser treatments for SUI and vaginal relaxation syndrome. These new treatment options have shown to be effective, simple, pain free and above all safe. SUI and vaginal relaxation syndrome are very often interconnected; therefore you can choose to have both procedures done at the same time.

How the laser works for treatment

The laser has a photo thermal heating effect on the collagen tissue in both the vaginal walls and the urethra which causes restructuring and regrowth of the collagen. This causes thickening and tightening of the vaginal walls and urethra. The treatment provides support for the urethra which prevents urine loss.

This simple in-office procedure takes approximately 15 minutes. A special attachment, similar to a speculum as used during a pap test, is inserted into the vagina, during which the entire vaginal region is treated with short laser pulses.

Post Treatment

You can leave immediately after the procedure and continue your daily routine. There may be some minimal sensitivity after the procedure and a transparent discharge for 2-3 days afterwards. Sexual intercourse and baths are not recommended for 1 week after the procedure.

Success Rates

94% of women treated with IncontiLase indicated that their SUI improved significantly after 120 days and 68% said they were completely free of SUI. 95% of women treated with IntimaLase indicated they experienced a more than moderate level of vaginal tightening and enhanced intimacy.*

*Data on file

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